

Little Gardeners' Club

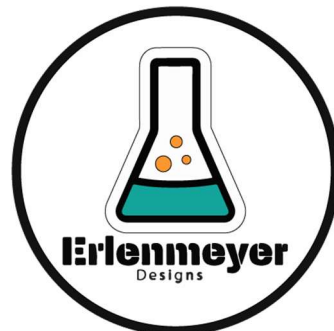
CHILDREN'S GARDENING CLUB



Workbook
Summer 2021

Our Amazing Sponsors

Little Gardeners Club is thankful to our sponsors for allowing us to provide garden kits to the community, without them we would not have been able to provide nearly as many! So, please, if you are visiting them (which we highly recommend you do) be sure to give them a great big thank you! (Maybe even given them a coloured in picture from our colouring book as a thank you gift 😊)



Building a Community

One of our biggest goals with Little Gardeners Club is to build a sense of community amongst all our little gardeners. To do this we are hoping the moms and dads with Facebook or Instagram accounts would join/follow our pages, and post pictures, videos, questions, or even just happy updates with their little gardeners. (If you post on Instagram, please use **#LittleGardenersClub** so we can find you)

When you see other people's posts, please like or comment on them, as it will bring some joy and excitement to the little gardener behind the screen. We also encourage you to shares these posts and pictures with your children, and perhaps respond with what they would like to say.

With lockdowns and social distancing, interactions amongst children their own age, or even the greater community is extremely hindered, so even small things like this may make them feel less isolated and more connected.

Of the pictures posted on our Facebook page, or on Instagram using **#LittleGardenersClub**, we will choose some to show in the Gallery of our website (for any photos with children's faces we will contact the poster for permission before adding to our site).

Facebook: <https://www.facebook.com/LittleGardenersClubCanada>

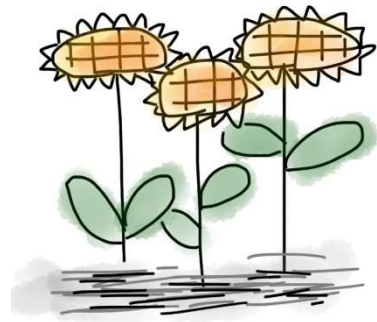
Instagram: <https://www.instagram.com/littlegardenersclubcanada/>



Getting Started

Common name: **Dwarf Sunflower “Sonja”**

Latin name: Helianthus annuus



1. **Prepare** your soil in the pots or pick and prepare the sunniest garden space in your yard. (If anyone has questions about creating a garden space please send us a direct message!)

Your plants will need 6-8 hours of direct sun a day – if you are gardening inside give them your sunniest windowsill.

The more sun your plants get the happier they will be and the more flowers they will produce.

2. **Plant** 2 seeds $\frac{1}{2}$ " deep in your pot or spaced 18" apart if you are direct sowing into your garden.

You can use the chopsticks provided to poke the hole!

3. **Water** your seeds, but don't completely soak the soil.

Your seeds want to stay evenly moist, but not water-logged.

Once your seeds are planted and in their sunny spot you will want to check the soil every day to ensure it is keeping enough moisture to help your seeds germinate and turn into seedlings.

Common name: **Dragon Tongue Bush Snap Bean**

Latin name: Phaseolus vulgaris

1. **Prepare** your soil in the pots or pick and prepare the sunniest garden space in your yard. (If anyone has questions about creating a garden space please send us a direct message!)

Your plants will need at least 5-6 hours of direct sun a day – if you are gardening inside give them your sunniest windowsill.

The more sun your plants get the happier they will be, and the more bean pods they will produce.

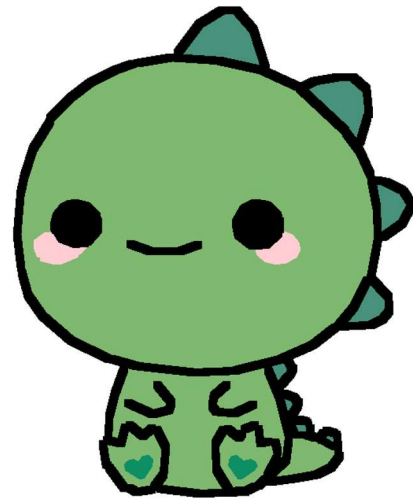
2. **Plant** 2 seeds 1” deep in your pot or 1 seed spaced 3” apart if you are direct sowing into your garden.

You can use the chopsticks provided to poke the hole!

3. **Water** your seeds, but don't completely soak the soil.

Your seeds want to stay evenly moist, but not water-logged.

Once your seeds are planted and in their sunny spot you will want to check the soil every day to ensure it is keeping enough moisture to help your seeds germinate and turn into seedlings.



Zero Waste Garden Kits

Sheilah and Shayna both do their best to pursue zero-waste/reduce-waste lifestyles. The kits we have provided follow along this idea as much as possible:

- ☀️ Paper or Reusable bags instead of plastic ones
- ☀️ Wooden and metal spade, instead of plastic
- ☀️ Printed on recycled papers
- ☀️ Paper bags/envelopes for packing soil and seeds
- ☀️ Wooden plant markers
- ☀️ Bamboo chopsticks
- ☀️ Plastic pots that can be recycled at any Superstore

So, although our kits may not contain lots of items, we purposely chose to only give items that are needed or eco-friendly/reduced waste.

Zero-waste is not that difficult to start doing, and we would love to hear everyone's ideas of how they reduce waste!

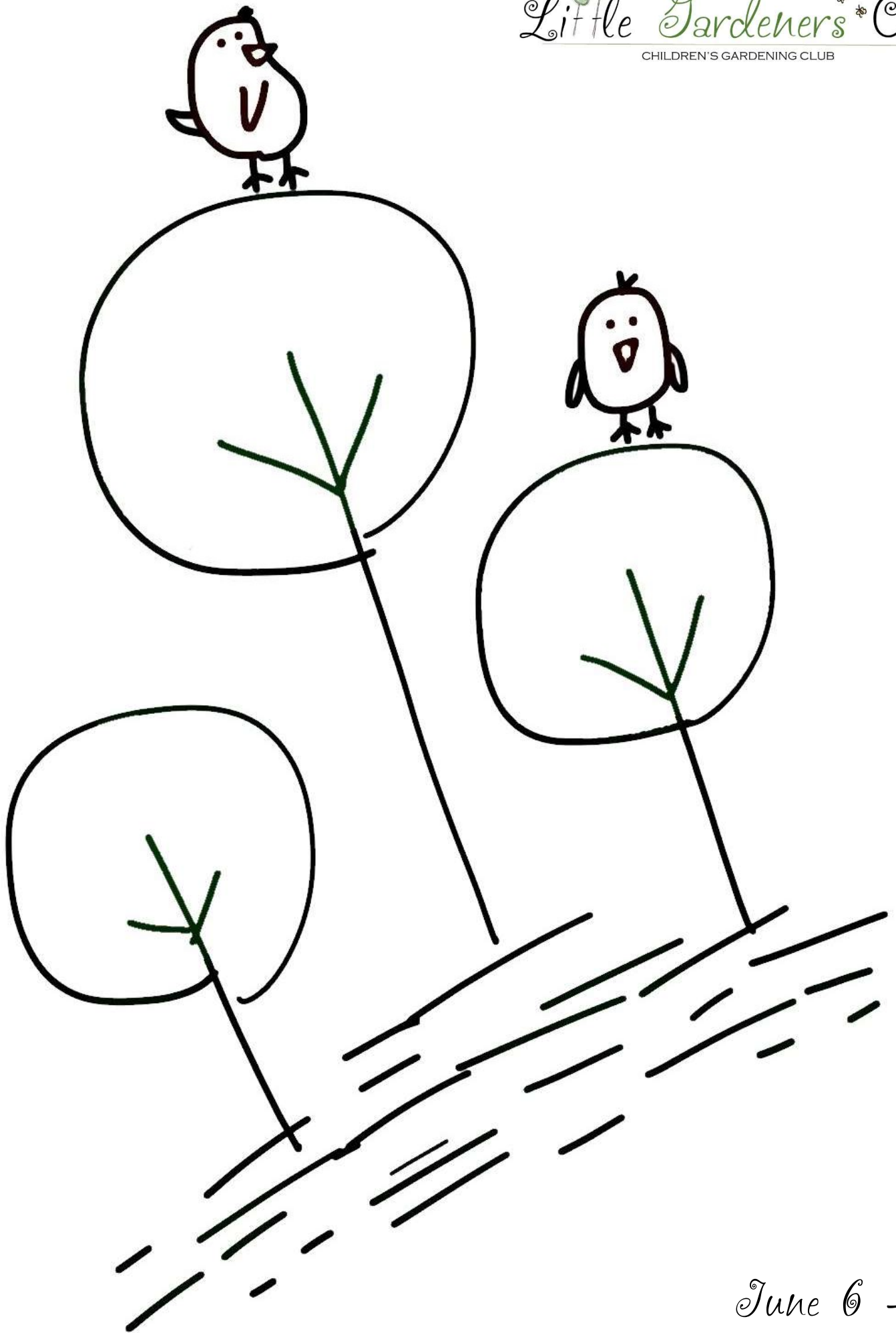


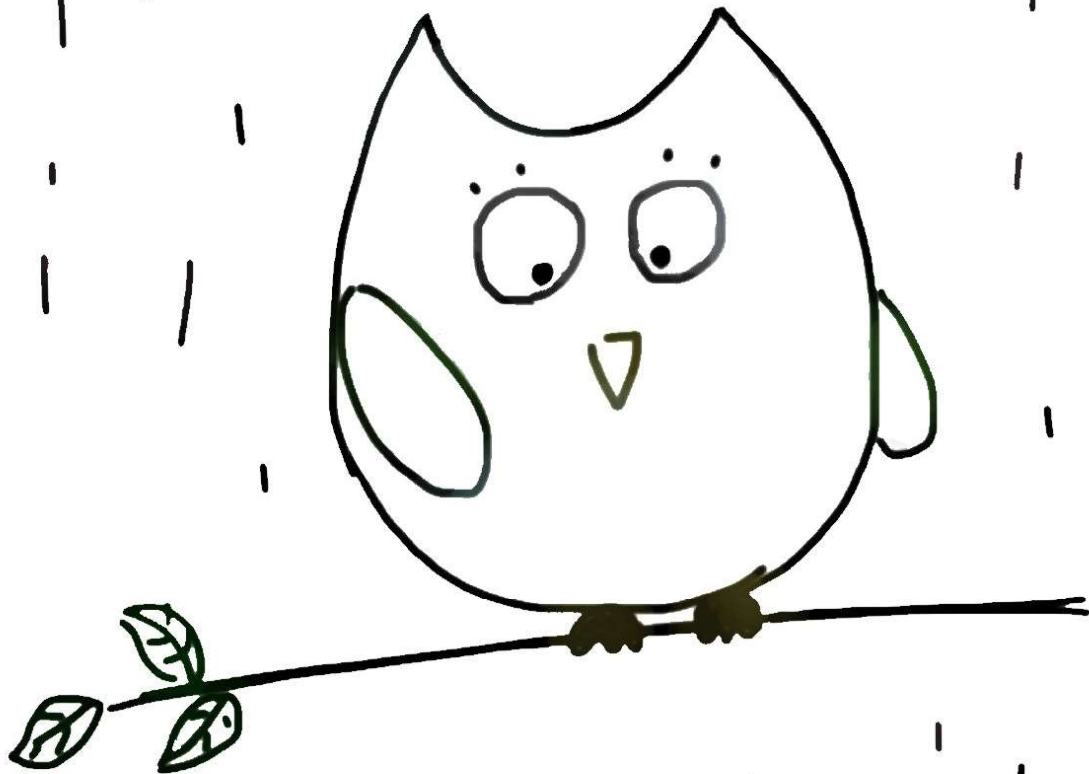
Little Gardeners Club Colouring Book

For every week of the growing season we have a picture that can be coloured in and posted on our social media!

We cannot wait to see how colourful and beautiful everyone's pictures will look!

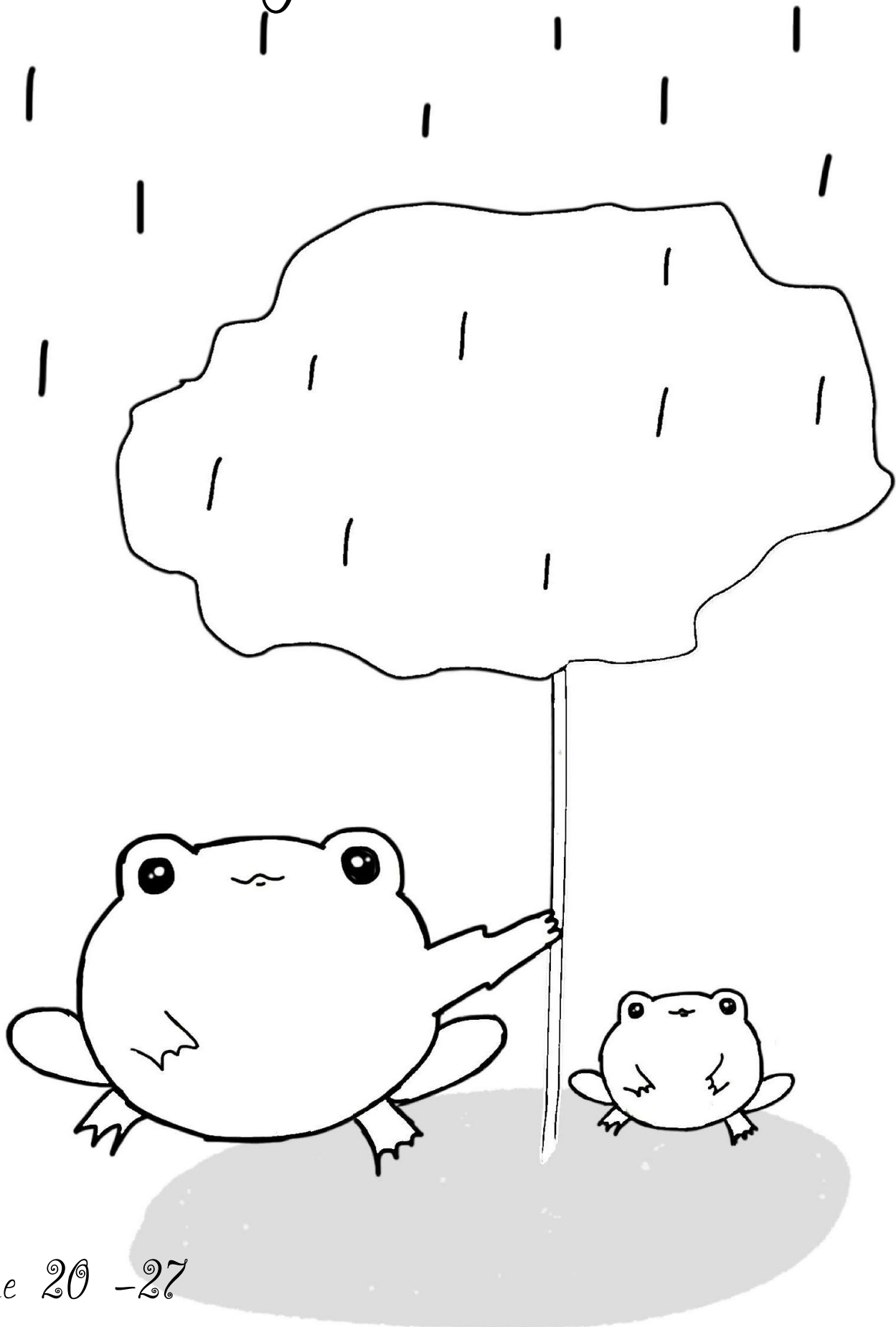
If you are on Facebook, please post it to our page, and if you are on Instagram, please use **#LittleGardenersClub!**



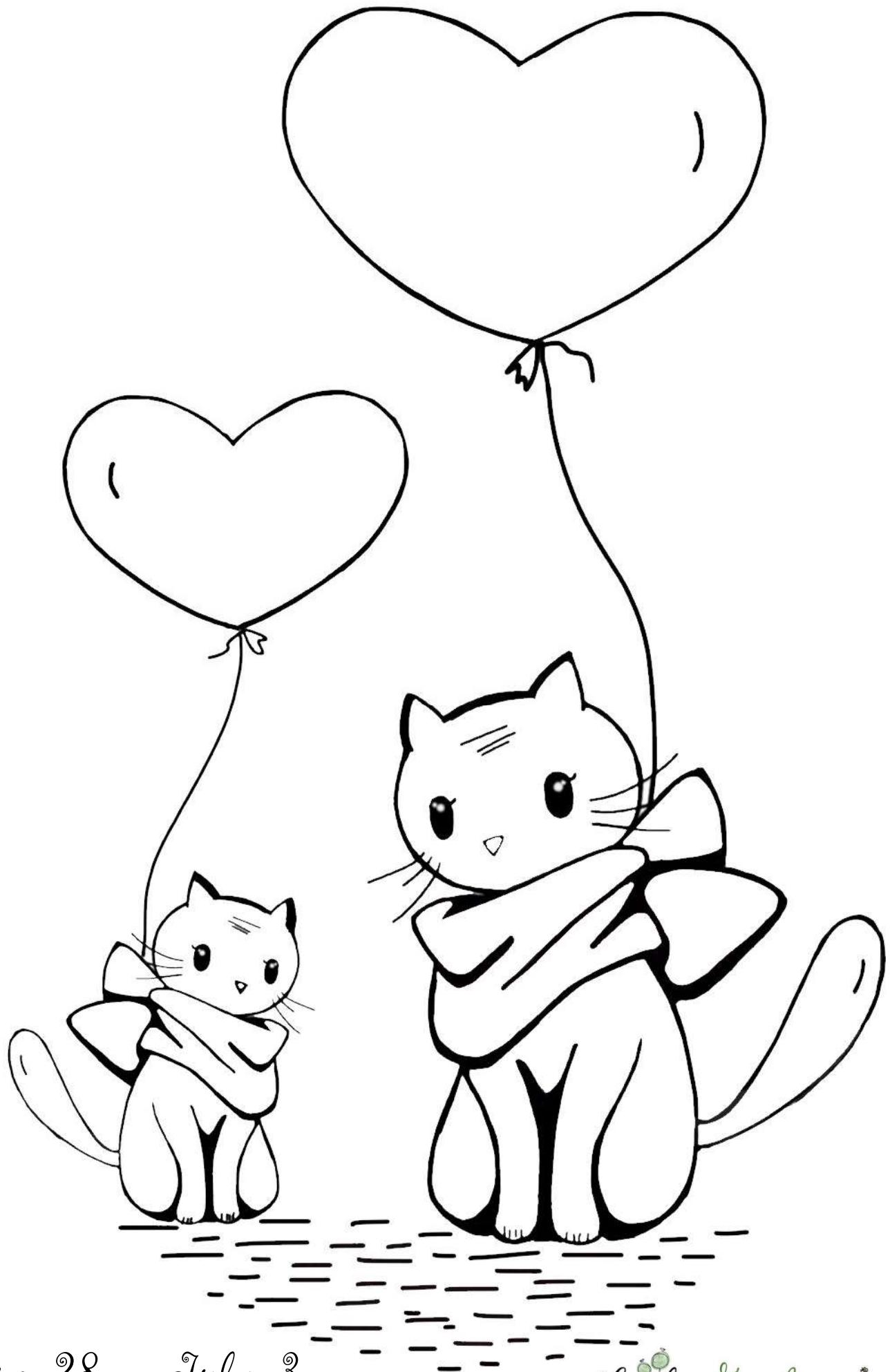


June 13 - 19

After every rain comes a rainbow!

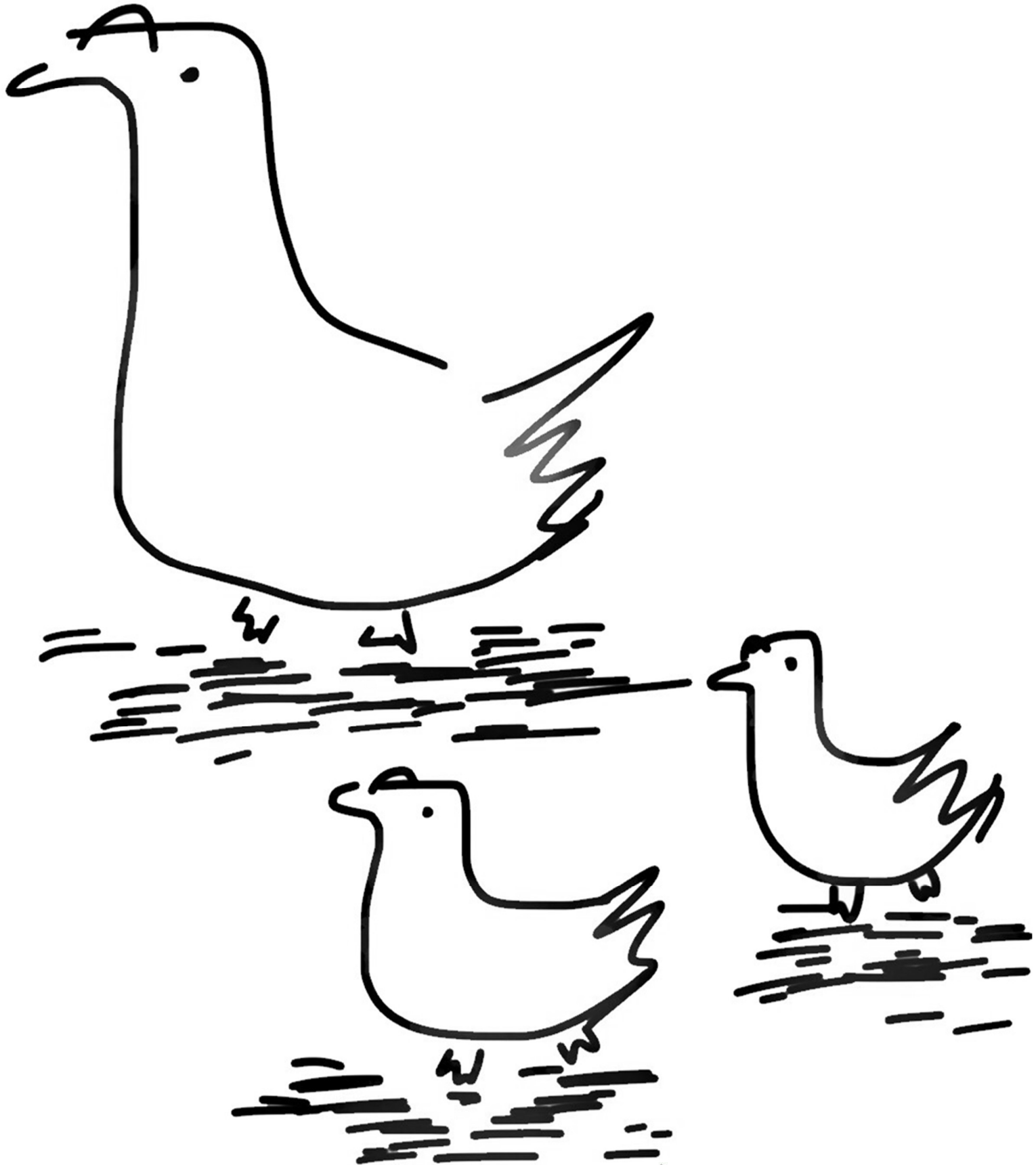


June 20 -27

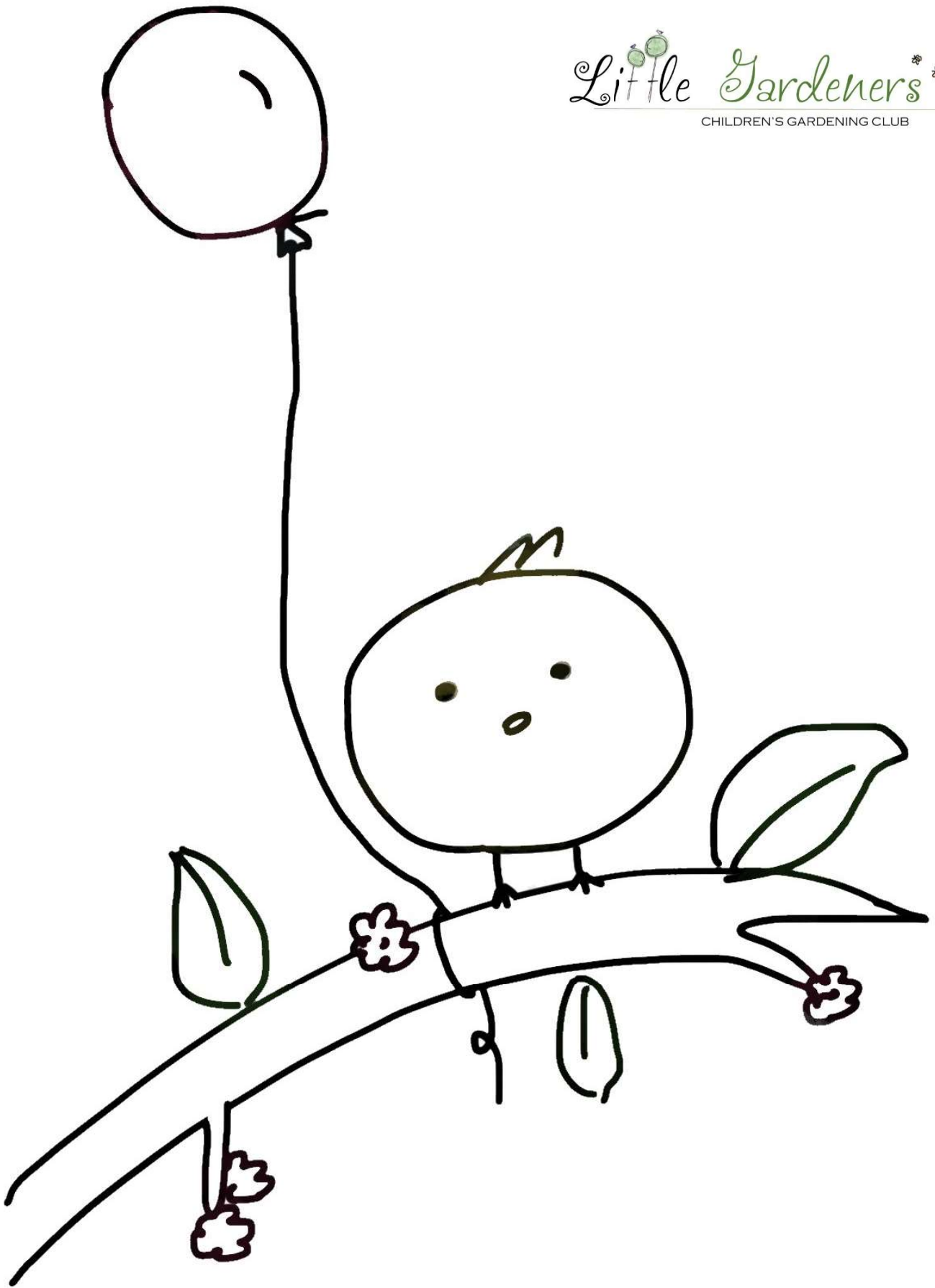


June 28 - July 3

Where's your favourite place to go see the ducks?



July 4 - 10



July 11 - 17

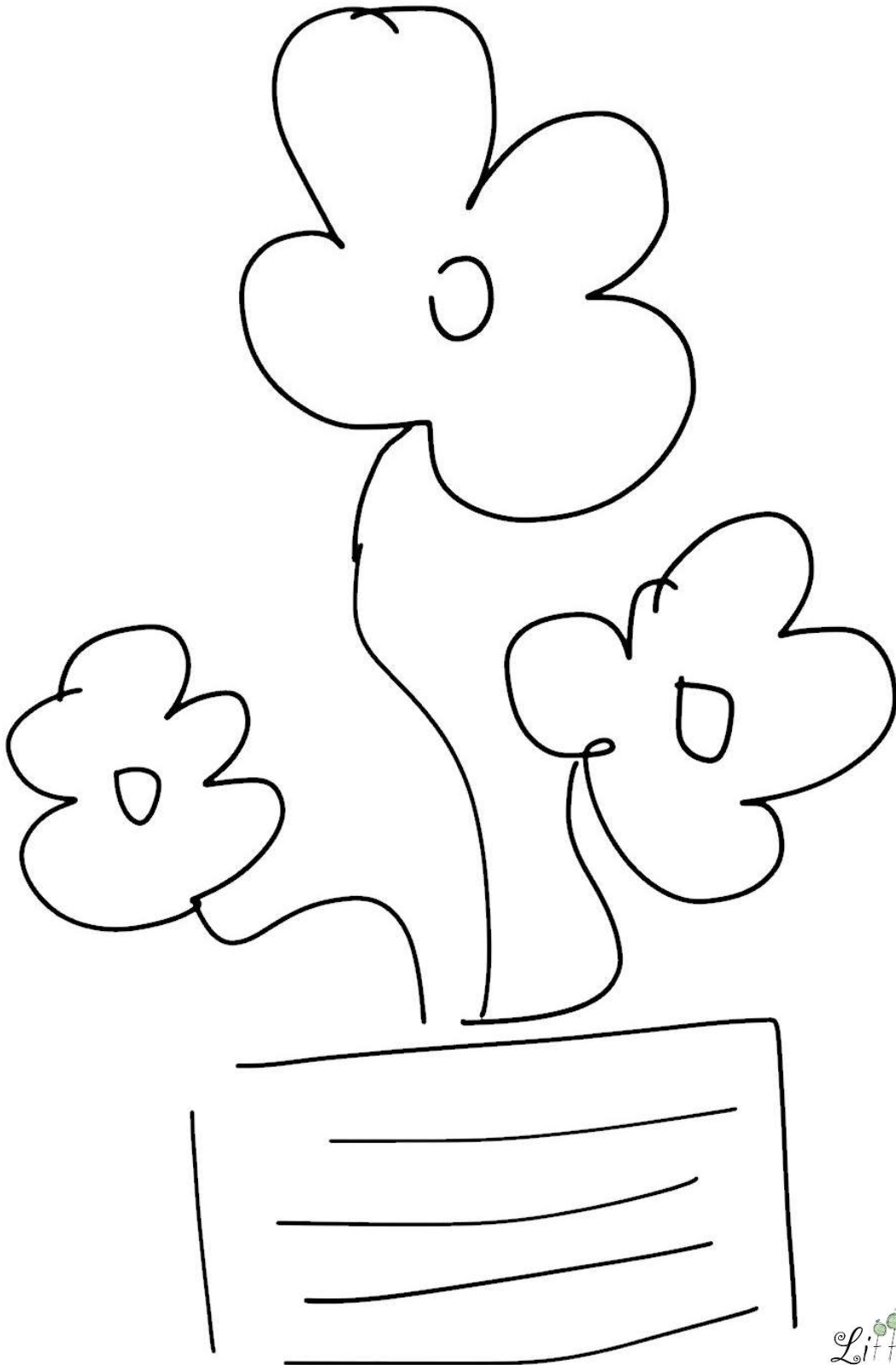
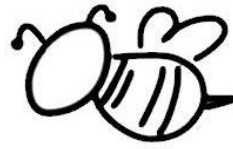


Can you help name our little rabbit?



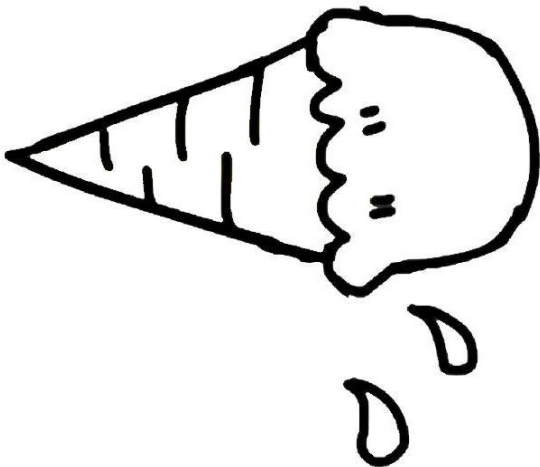


August 1 - 7





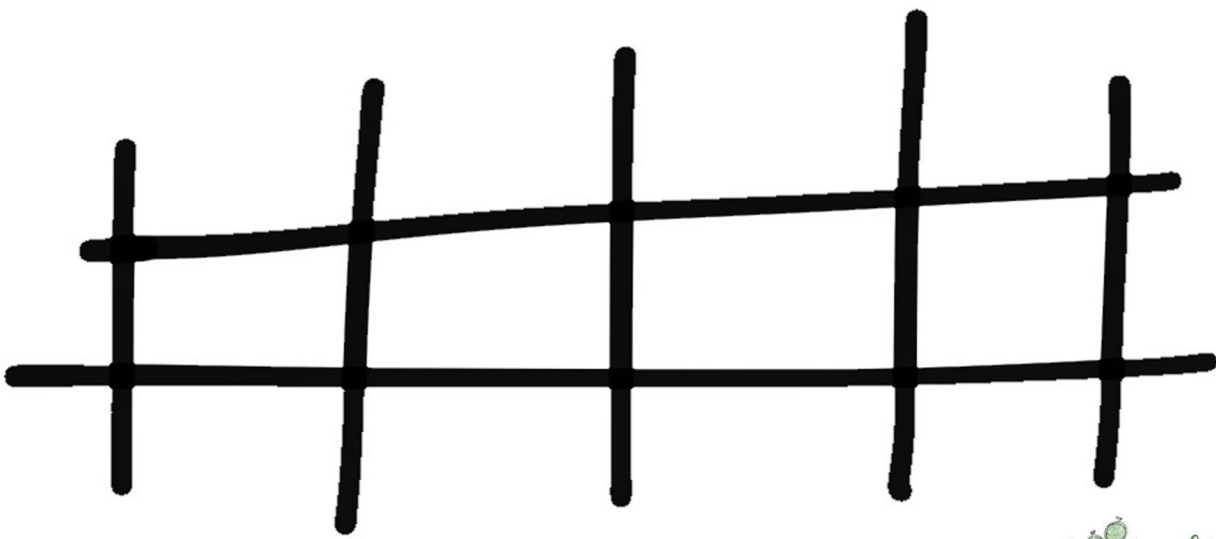
hmmmm...
maybe it's
time to go
to Sargent
Sundae!



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August 8 - 14

August 15 -21

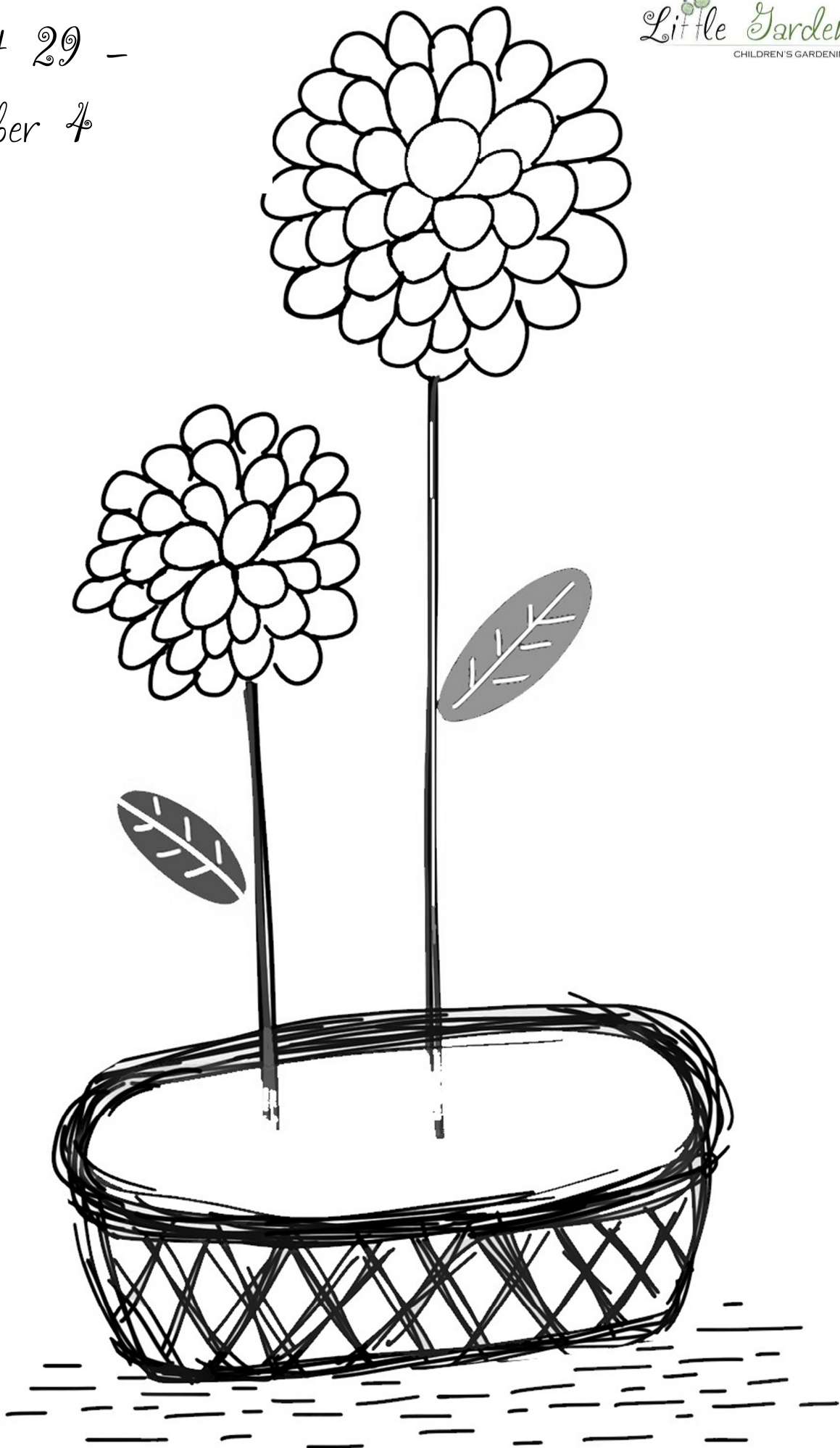


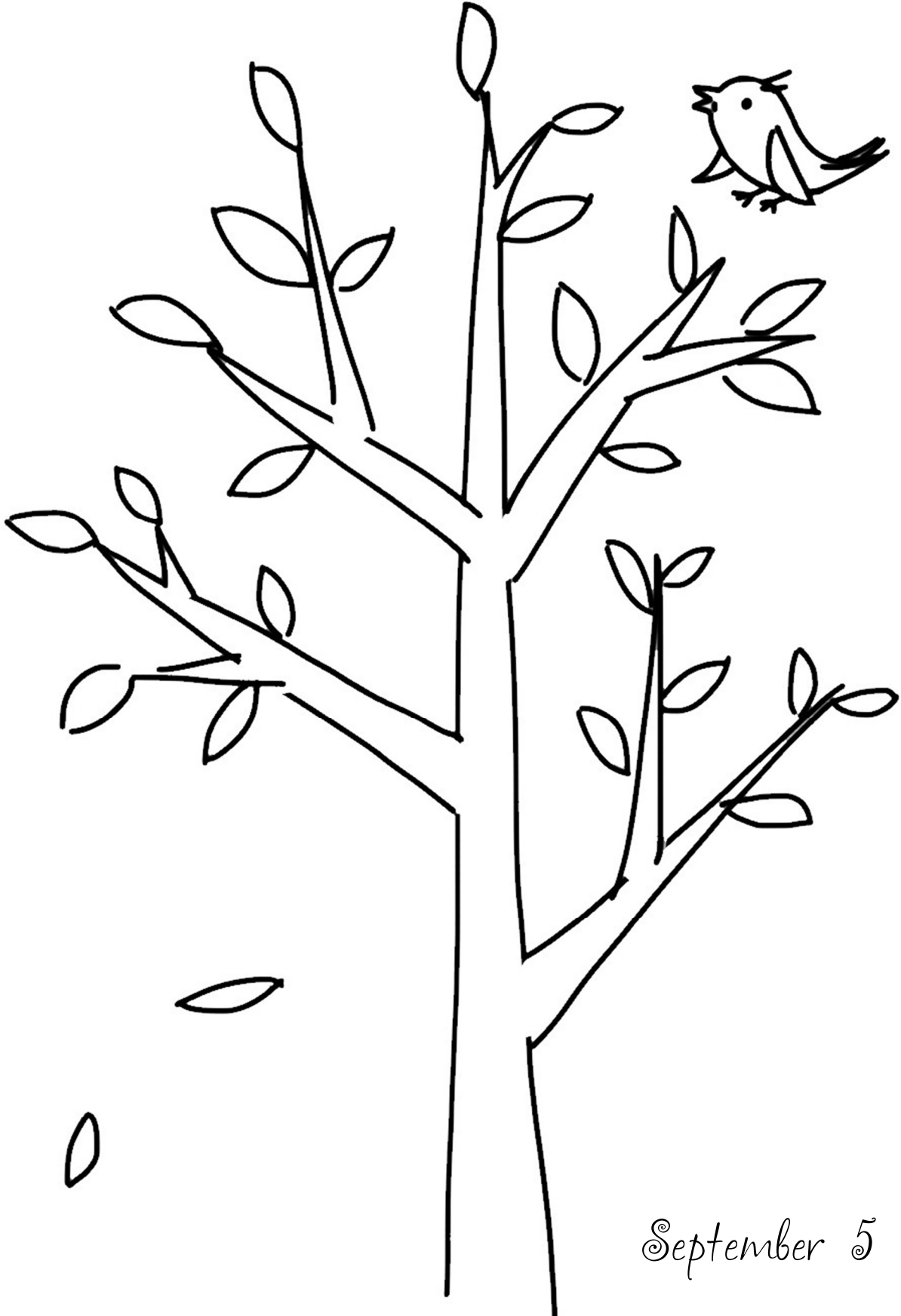
Bugs help our plants
grow!



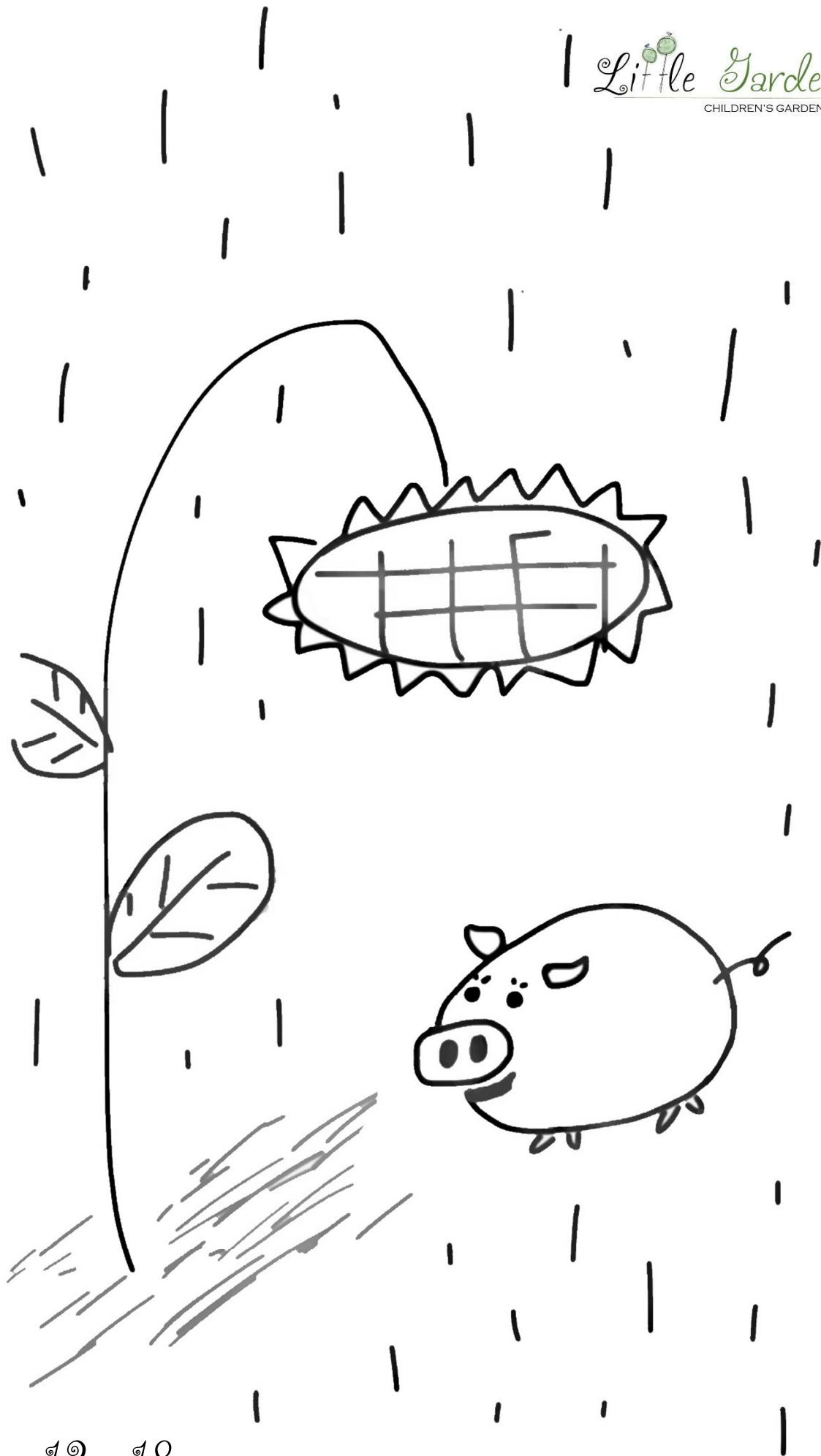
August 22 - 28

August 29 -
September 4

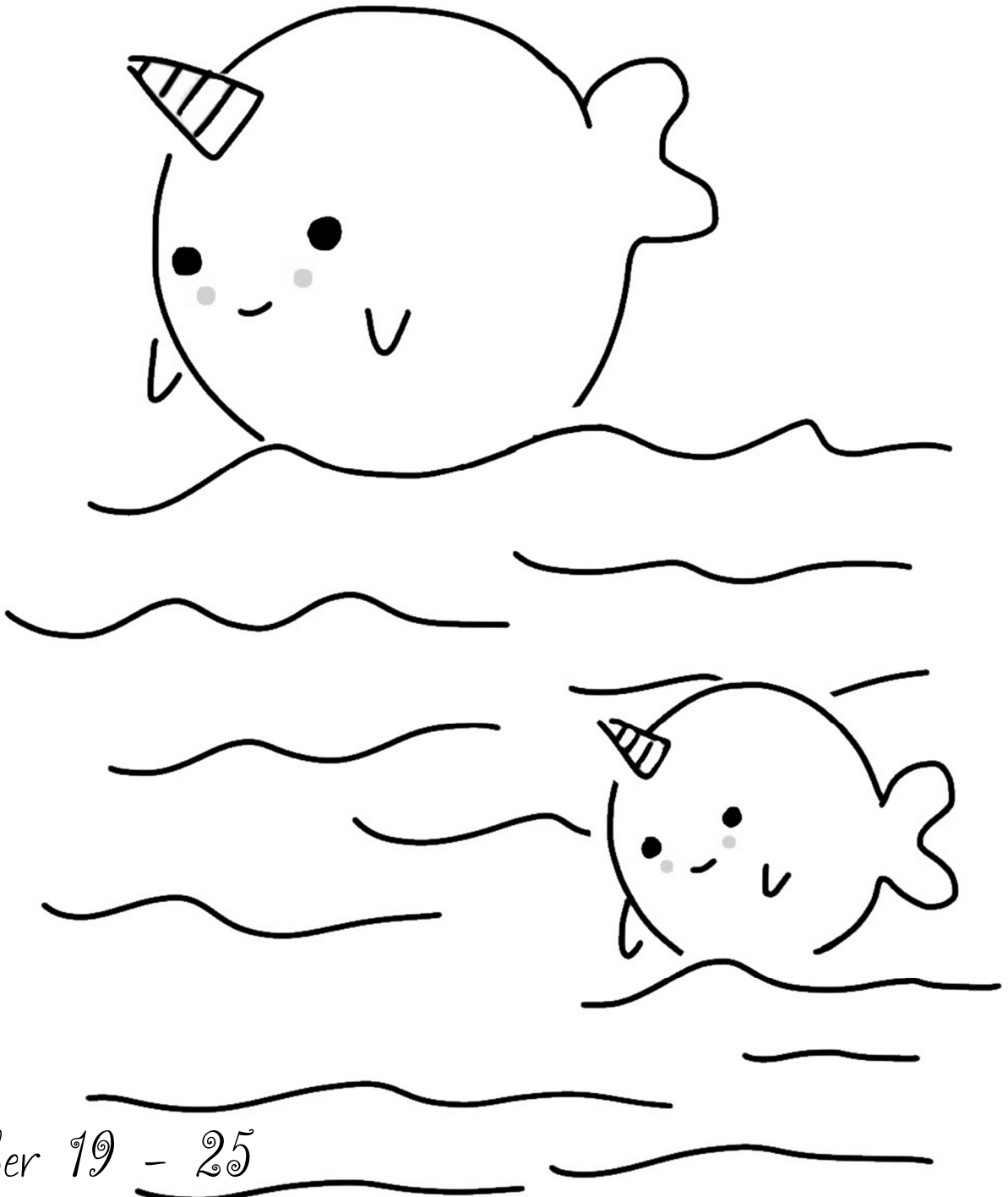
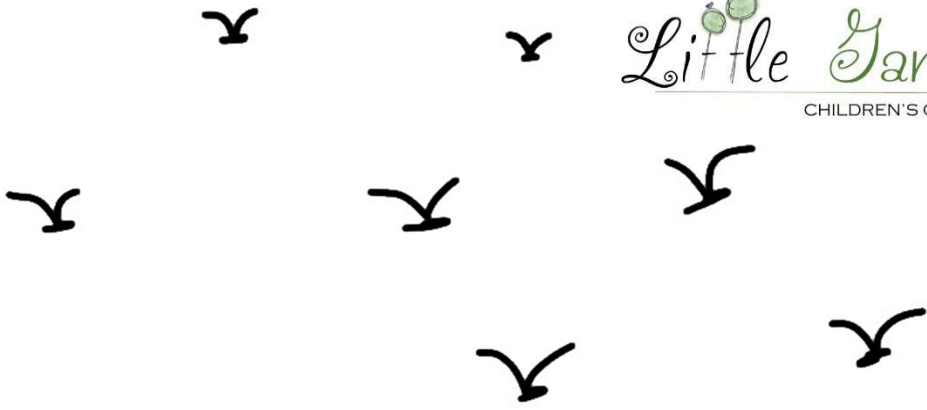




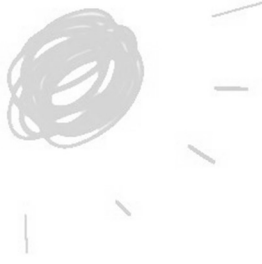
September 5 - 11



September 12 -18



September 19 - 25



September 26 -30

